

Respect in the Workplace: Behavior Check

Instructions: Read each behavior below and select whether it is RESPECTFUL or DISRESPECTFUL.

1. Saying 'please' and 'thank you' to a coworker.
☐ Respectful ☐ Disrespectful
2. Rolling your eyes when someone shares an idea.
☐ Respectful ☐ Disrespectful
3. Helping a teammate who is falling behind on a task.
☐ Respectful ☐ Disrespectful
4. Using your phone while someone is talking to you.
☐ Respectful ☐ Disrespectful
5. Giving credit to others for their contributions.
☐ Respectful ☐ Disrespectful
6. Interrupting someone during a meeting.
☐ Respectful ☐ Disrespectful
7. Listening without judgment when a coworker has a problem.
☐ Respectful ☐ Disrespectful
8. Laughing at a mistake someone else made.
☐ Respectful ☐ Disrespectful
9. Saying 'good morning' to your team when you arrive.
☐ Respectful ☐ Disrespectful
10. Leaving a mess in a shared workspace.
☐ Respectful ☐ Disrespectful